

Children: God's Gift and Purpose for Families

Children are not accidents or burdens—they are blessings from God, every child created with purpose and value. This lesson explores how God's design for sex and family centers on raising children in a stable, loving home, fostering meaningful lives for parents and kids alike. By honoring God's plan, families reflect His love and purpose, bringing joy and growth through the sacred responsibility of raising children. True happiness is found in fulfilling your purpose in life.

Children as Blessings

Every child is a gift from God, regardless of how they came to be.

- **Biblical Truth:** The Bible says, *"Children are a gift from the Lord."* Psalm 127:3.
- **Cultural Challenge:** That truth is often forgotten in a culture that sees children as optional or inconvenient.

Sex and Family Connection

God created sex not just to bond a husband and wife, but also to bring new life into the world.

- **Purpose of Sex:** Sex should not be separated from its natural result—children.
- **Risks Outside Marriage:** When sex is taken outside of marriage, it often leads to pregnancies where one or both parents aren't ready to raise a child, leaving children without the stable, loving home they were meant to have.
- **Delaying Marriage:** Getting pregnant is more challenging when marrying later in life.

Benefits of Pregnancy and Motherhood

Pregnancy and motherhood bring unique health and bonding benefits to women, reflecting God's design for creating life and strengthening families.

- **Fertility:** A woman is most fertile between the ages of 19–29.
- **Health Changes:** Many women make positive changes when they become pregnant.
- **Endometriosis:** Pregnancy can lower the level of symptoms that women experience.
- **Breastfeeding:** Lowers the risk of heart attack by 24%.
- **Microchimerism:** Another benefit to the mother where DNA from the baby crosses over to the mother.

Benefits of Two-Parent Families

Children do best when raised by both a mother and a father who are married and committed to one another.

- **Child Success:** Research and experience both show that kids raised in two-parent homes are more likely to succeed, feel secure, and grow into healthy adults.

- **God's Design:** That's not just a statistic—it's how God designed families to work.
- **Cultural Pressure:** Our culture encourages people to put off children or avoid them altogether, but raising children is one of the most meaningful things a person can do.
- **Parental Growth:** It's not easy—but it's deeply rewarding. Children help us grow in patience, selflessness, and love. They remind us of what truly matters.

Key Points:

- Children are a blessing, not a burden.
- God designed sex to create new life within the safety of marriage.
- Every child is created with purpose and value.
- Children thrive best with both a mother and father in a committed home.
- Our culture may delay or fear children, but the Bible celebrates them.
- Raising children is a sacred responsibility that grows character, love, and legacy.

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